

Outline to Develop an Integrated Summary

Purpose: To integrate and describe the evidence you found regarding your practice question. This format will provide a consistent demonstration of how our journal club findings may be shared.

Integrated Summary		
Your Practice Inquiry	<ul style="list-style-type: none"> • What was the final practice question (PICO)? • This would be a great start to the written summary. 	<p>Example:</p> <p style="padding-left: 40px;">The proposed problem statement inquires, “Would a profession nursing journal club be a feasible, cost effective approach to promoting EBP at the bedside?”</p>
Organize your evidence	<ul style="list-style-type: none"> • Organize critiques according to themes • Separate themes into paragraphs or sections 	<p>Example:</p> <p style="padding-left: 40px;">Several studies identified journal clubs as a cost effective, professional, and well-accepted approach to EBP. The studies outlined the development and implementation of journal clubs. Most of the journal clubs involved individual group preferences regarding number of meetings, dates, times, locations, topics, and forms of critiquing. Dirschl, Tornetta & Bhandari, (2003) provided several different formats for journal club design and implementation, including internet-based clubs, clubs focused on EBP, and clubs focused on research and statistical measurements. Recommendations included utilization a design that meets the needs of the group.</p> <p style="padding-left: 40px;">The overall theme of the journal club evidence also supported the fact that such clubs provide an environment for which nurses can expand their EBP skills and improve clinical decision-making. A descriptive study conducted by Fink et al. (2005) found improvement of nurses’ perceptions of EBP after the implementation of an organizational program that utilized the journal club approach as part of the initiative. Dwyer (2007) reported that nursing journal clubs nurture professional development, critical thinking, problem-solving, and decision-making. Goodfellow (2004) reported, “through a journal club, nurses can learn to discriminate</p>

and evaluate information logically and, thus, provide a basis for making decisions that affect their patient's outcomes" (p. 110).

Discuss your conclusion based on the evidence

- Was the information relevant to your practice?
- Would you recommend a practice change (based on your evidence & patient and family needs)?

Example:

According to the evidence found in the review literature, a professional journal club would be an effective and cost effective way to bring evidence-based practice to the bedside nurse. This would be relevant to my practice, as we do not yet have a journal club and this would be a feasible initiative in our organization.

The example was written from my integrated summary based on the journal club initiative I completed in our emergency and trauma center. This should provide a good example.